MEETINGS SIMPLIFIED MENU



MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY









MEETINGS SIMPLIFIED MENU **MONDAY AM BREAK**

Gluten free sandwich with mushrooms

Yogurt smoothies with Acai berry

Gluten free muffin with apricot jam

Chocolate pudding

HYDRATION STATION











MEETINGS SIMPLIFIED MENU **MONDAY** LUNCH

Gluten free pasta with zucchini and parsley

Byriani rice

Beef burger

Poached salmon with baby spinach

Muesli bar

Strawberry cheese cake

HYDRATION STATION











MEETINGS SIMPLIFIED MENU **MONDAY** PM BREAK

Vegetables crudités with guacamole

American potato

Fruit skewers with berries coulis

Selection of dry fruit and nuts

Flapjack

HYDRATION STATION











MEETINGS SIMPLIFIED MENU **TUESDAY AM BREAK**

Gluten free sandwich, grilled vegetable and feta cheese

Vegetable frittata

Yogurt smoothies with chocolate

Gluten free Babovka

HYDRATION STATION











MEETINGS SIMPLIFIED MENU **TUESDAY** LUNCH

Risotto with legumes

Tabouleh

Roasted chicken in Provencal sauce

Yogurt smoothies with chocolate

Selection of dry fruit and nuts

Flapjack

HYDRATION STATION











MEETINGS SIMPLIFIED MENU **TUESDAY** PM BREAK

Beef tagliata, rocket and cherry tomato salad

Vegetable frittata

Vanilla millefeuille

Banana cake

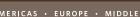
Sliced fresh fruit

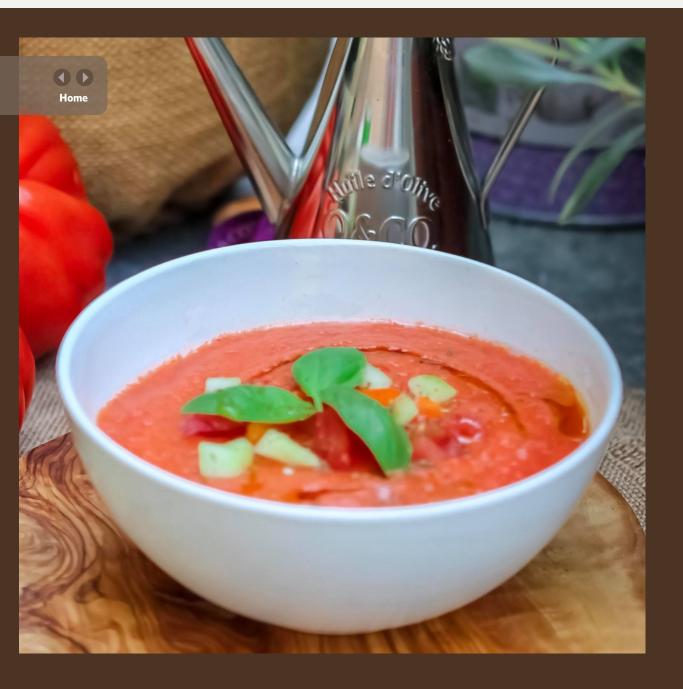
HYDRATION STATION











MEETINGS SIMPLIFIED MENU WEDNESDAY AM BREAK

Roasted aubergine and mozzarella

Vegetarian Pad Thai

Chilli con Carne

Yogurt smoothies with beetroot

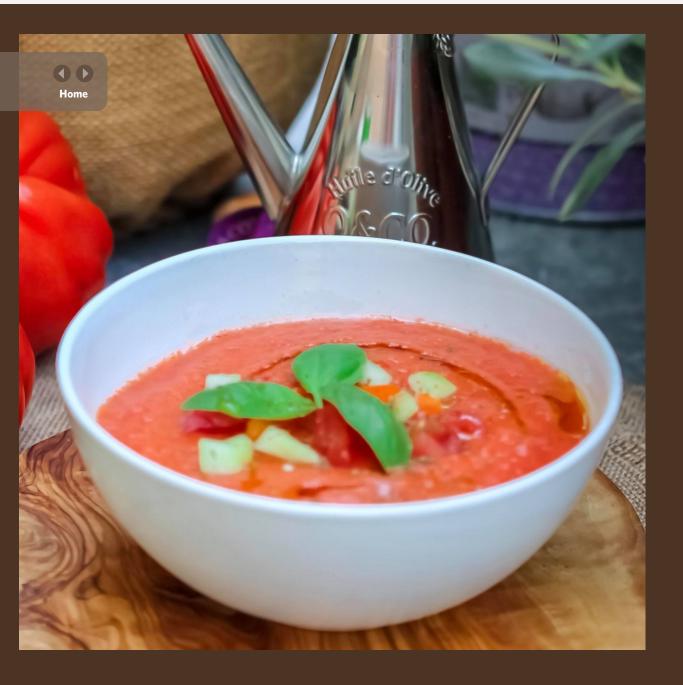
HYDRATION STATION











MEETINGS SIMPLIFIED MENU WEDNESDAY LUNCH

Chicken Jambalaya

Spinach and ricotta tortellini

Gazpacho

Gluten free chocolate muffin

Panna cotta with berries

Flapjack

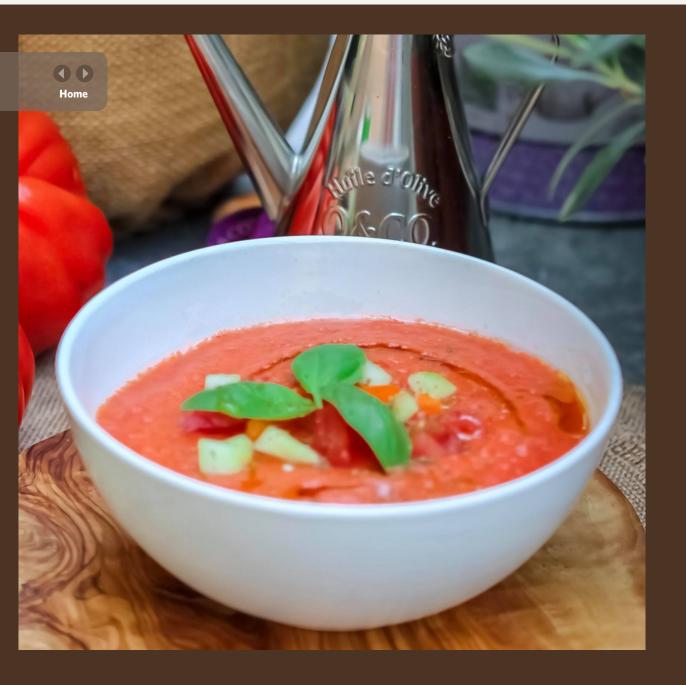
HYDRATION STATION











MEETINGS SIMPLIFIED MENU WEDNESDAY PM BREAK

Vegan meat ball, spicy tomato sauce

Fries and cheddar

Lemon tart

Muesli Bar

Selection of dry fruit and nuts

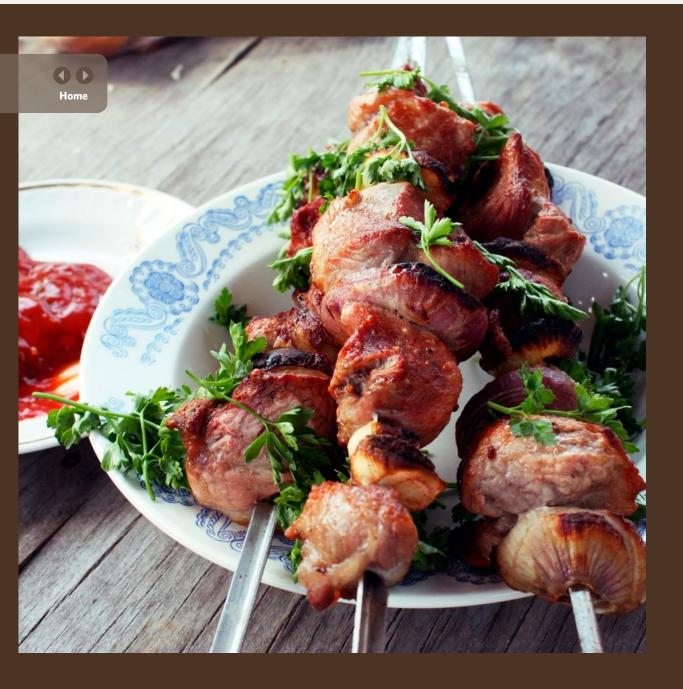
HYDRATION STATION











MEETINGS SIMPLIFIED MENU **THURSDAY AM BREAK**

Lamb kebab

Stir fry rice with enoki

Yogurt smoothies with apple and cinamon

Dry fruit gluten free cookies

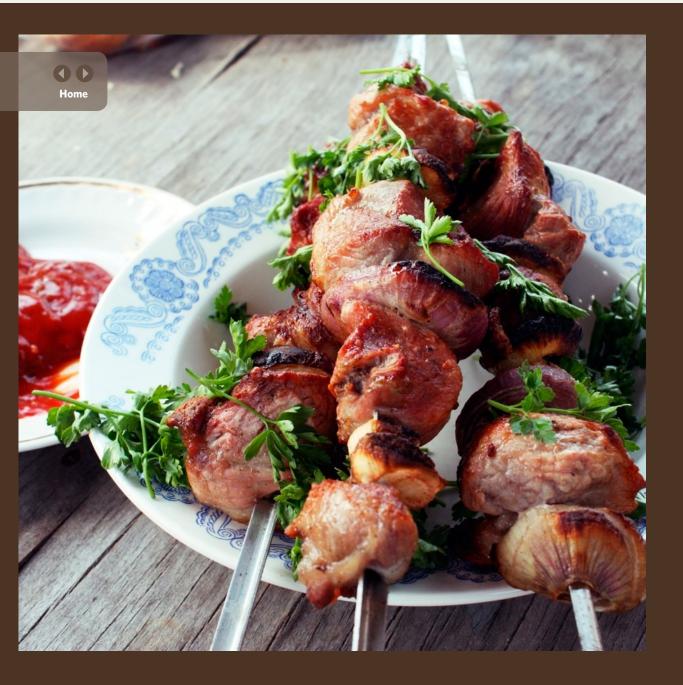
HYDRATION STATION











MEETINGS SIMPLIFIED MENU **THURSDAY** LUNCH

Roasted chicken in provencal sauce

Peperonata

Green mango salad

Apricot crostata

Cheese cake

Flapjack

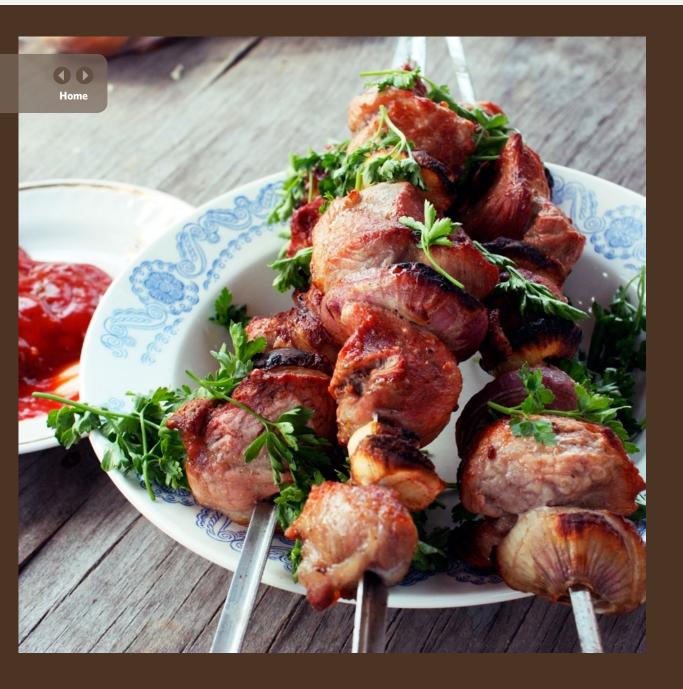
HYDRATION STATION











MEETINGS SIMPLIFIED MENU **THURSDAY** PM BREAK

Chicken tandoori wraps

Strawberry triffle

Banana and raisin with orange juice

Muesli bar

Selection of dry fruit and nuts

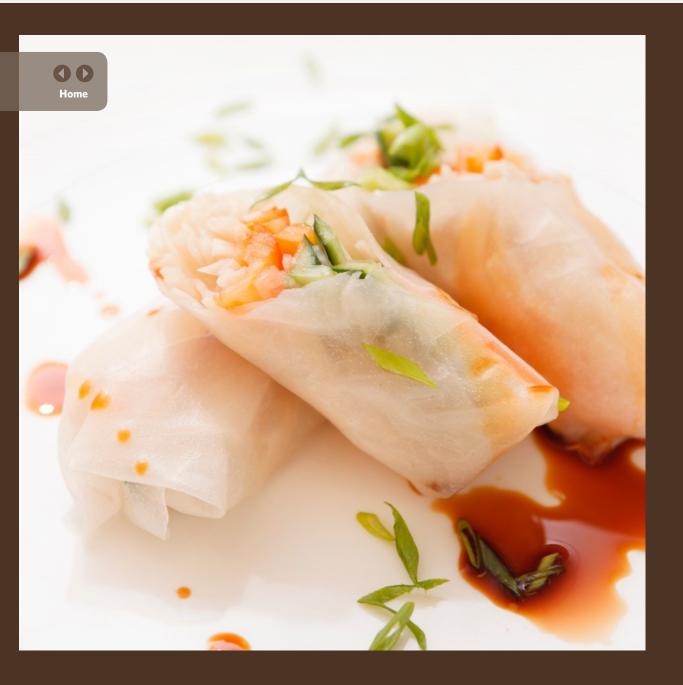
HYDRATION STATION











MEETINGS SIMPLIFIED MENU **FRIDAY** AM BREAK

Gluten free pasta with spicy tomato sauce

Vegetarian rice paper rolls

Yogurt smoothies with pumpkin and crunchy seeds

Muesli Bar

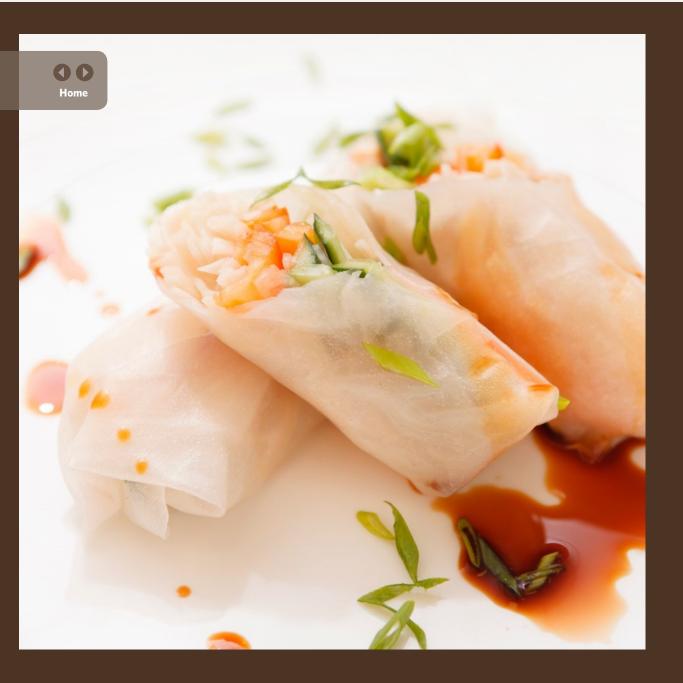
HYDRATION STATION











MEETINGS SIMPLIFIED MENU **FRIDAY** LUNCH

Roasted cod, green pea puree

Saute forest mushrooms

Stir fry vegetable

Flapjack

Fruit salad

Orange gluten free cookies

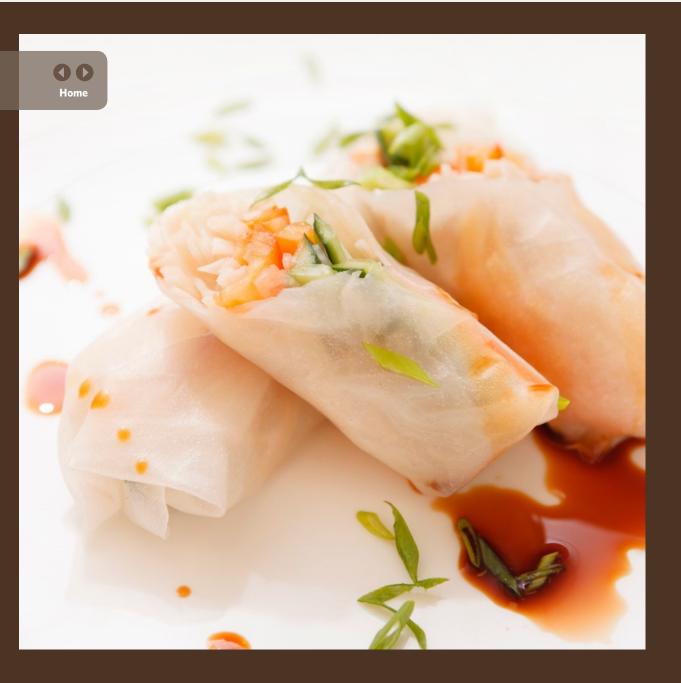
HYDRATION STATION











MEETINGS SIMPLIFIED MENU **FRIDAY** PM BREAK

Chicken satay

Fruit skewers

Selection of dry fruit and nuts

Apple strudel

Coffee triffle

HYDRATION STATION







